



Children and young people

Cullompton Youth Forum

7th October 2019

School Nurses, Public Health Nursing Team (ICS)

1 school nurse covering 2 secondary schools

Drop in at Uffculme School

1 school nurse will cover all primary schools

Timid to Tiger sessions for primary school parents with anxiety are excellent

Live Life to the Full CBT sessions— SNs can deliver up to 6 sessions 1-1

Some CYP find it hard to access help via school—fears re confidentiality

YMCA Youth Community Development Officer

3 areas of work including (1) 7-18 youth work; (2) 16-25 housing; (3) Early Years provision

Keen to create a 'Youth Directory' of available services, resources, activities

Aim is to set up targeted advice/drop in service, staffed by volunteers, with a different focus rotating through the month – CAB, mental health, physical/sexual health, police etc

Cullompton Town Council have a Youth Services Group and a Youth Strategy – will need to work in partnership to pool data, avoid duplication and ensure aligned with local priorities

Issues...

1. Isolation / access for rural areas
2. Social Media and online dangers
3. Stigma of seeking help via 'opt in' services

Devon & Cornwall Police Neighbourhood Police Team

Priorities - Domestic Violence and County lines

Changing picture – not anti-social behaviour on street corners, now at home doing more dangerous things

Would like to be available for a youth drop in.

Direct engagement with something that will capture attention key where do people congregate? Young people need to be in groups. Important to go to where they are and have the conversation. Peer trust & communication vital.

Internet links less effective than leaflet (engages in action).

Run Life Skills for Year 6 (primary schools) across Mid Devon

Mid Devon Volunteer Police Cadets (VPC) ages 13-17 incl 1st Aid certificate –Tiverton

<https://www.devon-cornwall.police.uk/youth/police-cadets/unit-location-and-how-do-i-apply/>

Questions ...

1. Are there enough out of school peer activities?
2. Are we reaching the right group(s)?
3. Where are drop-in services most accessible?

Cullompton Community College

Wellbeing Hub in centre of school, drop in service. 3 x pastoral support workers and internal coordinator. JP buys in 1 professional counsellors who can see 6 pupils each at any one time (2 a day, 3 days a week) – cost is 10-15k annually. Need is double this.

'Mental Health Ambassadors' (40) 'How to have the conversation' and signposting peers, talking to students as a preventative measure. <http://www.cullompton.devon.sch.uk/mental-health-ambassadors>

MHA scheme funded by EMMH(CAMHS programme) & Young Devon, delivered 10 sessions of 2 hours a week. £ has now ceased. No longer staff supervision.

10 out of 180 pupils starting year 7 have EHCP (educational & health care plan).

25 % have SEN (special educational needs). 22% eligible for PP (pupil premium)

Large proportion of pupils have Social Emotional and Mental Health issues/needs.

30 TAFs in place, of which 27 have school as 'Lead Professional' (often Head of Year)

Rapid expansion in last few years with more houses planned

AGREED ACTIONS

Map out services and provision – HH/RT/SW

Survey / report of local young people views on current & future services—HH/JP

Explore Integrated Schools project at CCC -JP/BV

Next Cullompton Youth Forum:

Monday 2nd December, 1-2pm, College Surgery